

## Department of Chemical and Biomedical Engineering, Spring 2015

Course Biomechanics, BME 651, BME 751, CHE 594 (3 credits)

<u>Class Schedule</u> FH 202; Tue, Thurs: 4.30 – 5.45 PM

<u>Instructor</u> Chandra Kothapalli, Ph.D.

**Assistant Professor** 

Chemical and Biomedical Engineering, FH 460

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Office Hours Tue, Thurs 2 – 4 PM

Email to setup an appointment outside office hours

#### **Catalog Description:**

BME 651/751 Biomechanics (3 credits)

Prerequisites: BME 553, ESC 201, BIO 266 or equivalent.

Graduate standing in engineering, sciences, or permission of the instructor.

Application of mechanics to the functioning of the human body at all levels, from the cell to the tissue, organ, and whole body. Topics include structure, function, and mechanical properties of musculoskeletal system (bone, articular cartilage, ligaments and tendons, skeletal muscle, peripheral nerve and spinal nerve roots), and joints (knee, hip, foot and ankle, spine, shoulder, elbow). Recent progress in cell mechanics is also introduced.

#### **Goals and Overview:**

Biomechanics uses physics and engineering concepts to describe the motion undergone by various segments of the body, and the forces acting on these body parts during normal activities. This course will detail the application of mechanics to the functioning of the human body at all levels from the cell to the tissue, organ, and whole body. Topics include structure, function, and mechanical properties of musculoskeletal system (bone, articular cartilage, ligaments and tendons, skeletal muscle, peripheral nerve and spinal nerve roots), and joints (knee, hip, foot and ankle, spine, shoulder, elbow). Recent progress in cell mechanics will also be introduced. Furthermore, biomechanical application in the treatment of fracture, arthroplasty and gait will be discussed.

#### **Prerequisites/ Co-Requisites:**

Graduate standing in engineering & sciences, or permission of the instructor. Students registered for this course are expected to have basic knowledge of blood, molecular and cell biology, human physiology, and solid/ fluid mechanics. Please let instructor know of your deficiencies, so that remedial material can be provided.

#### **Reference Textbooks:**

- Biomechanics: Mechanical Properties of Living Tissues, by Y. C. Fung. Springer New York, 2<sup>nd</sup> Edition.
- Introductory Biomechanics, by C. Ross Ethier and Craig Simmons. Cambridge University Press, 2007.
- Basic Biomechanics of the Musculoskeletal System, by Margareta Nordin and Victor Frankel. Wolters Kluwer Health, any edition.
- Fundamentals of Biomechanics, Equilibrium, Motion and Deformation, by N. Ozkaya and M. Nordin. Springer, 2<sup>nd</sup> Edition, 1998.
- Fundamentals of Anatomy and Physiology, by Frederic Martini. Prentice Hall, any edition.
- Journal papers from databases such as: PubMed, Scopus, Web of Knowledge, etc.

#### **Class Policy:**

- Students are expected to attend the classes regularly and complete all the course requirements, unless there is a well-documented emergency. <u>Failure to attend classes</u> without prior permission will affect your final grade.
- Lecture notes and relevant handout materials will be provided during each class, or uploaded to the course website prior to the beginning of each class. Students are expected to make additional class notes by themselves.
- Homework and final reports are due on assigned date, unless there is a well-documented emergency, or prior permission has been obtained.
- Since students from various undergraduate backgrounds register for this course, student participation and discussion during the lecture is expected and highly encouraged.
- Extra credit will be given for well-written, complete solutions to the problems given in homework and exams.
- Do not hesitate to ask me in person, by email or on the phone, if you need additional help with concepts, course material or homework.

#### **Grading Policy:**

BME 651	BME 751	
Homework (4 total)45%	<ul> <li>Homework (4 total)45%</li> </ul>	
<ul> <li>Attendance/ Class participation5%</li> </ul>	<ul> <li>Final exam (take-home)30%</li> </ul>	
<ul> <li>Final exam (take-home)25%</li> </ul>	<ul> <li>Term paper and Presentation—-25%</li> </ul>	
<ul> <li>Term paper and Presentation—-25%</li> </ul>		

**Note:** Since this is a split level course between 600x level and 700x level, the grading will be slightly different: Students enrolled in 700x level section will have to put in extra effort for the term paper and presentation, beyond that at the Master's level. Term papers and presentations are not group projects, and graded for individual efforts. More details will be shared soon on the term projects.

#### Letter grades for this course are defined as follows:

- A above 92%
- A- 86-91%
- B+ 80-85%
- B 74-79%
- B- 68-73%
- C 60-67%
- F below 60%

#### **Academic Integrity:**

Homework and exams should be completed individually and are considered intellectual property of the student. Consultations with other students are not encouraged without prior approval of the instructor. Grades for review paper submission and in-class presentation/ discussion are based on individual effort. Consultation with the course instructor is always encouraged.

Plagiarism in any form is considered academic misconduct, and automatically eligible for F grade. Please refer to the CSU student handbook for more information on what constitutes an act of plagiarism.

### (http://www.csuohio.edu/academic/writingcenter/WAC/Plagiarism.html).

Students interested in improving their writing and presentation skills can solicit further assistance (free) from CSU writing center.

(http://www.csuohio.edu/writingcenter/).

#### **Disability act:**

CSU is committed to providing equal educational opportunities to all the students regardless of their disability. For accommodations based on disability, please refer to the CSU handbook on disability services. The office of Disability Services can be reached at 216-687-2015, and the office is located at MC 147. Please inform the instructor prior to the beginning of the course, so that necessary arrangements can be made.

(http://www.csuohio.edu/offices/disability/students/handbook/enableleg.html)

# Class Calendar:

Topic	Notes
Introduction &	Kinematics, Kinetics,
Overview of biomechanics	Planes of motion,
Basic terminology & concepts	Elasticity, Anatomy,
Basic terminology & concepts	Anthropometry, Statics
Basic terminology & concepts	& Dynamics
Introduction to rheology	HW-1 assigned
Biomechanics of bone	
Biomechanics of bone	HW-1 due
Biomechanics of articular cartilage	
Biomechanics of articular cartilage	
Biomechanics of tendons & ligaments	
Biomechanics of tendons & ligaments	HW-2 assigned
Biomechanics of skeletal muscle	
Biomechanics of blood & vessels	HW-2 due
Biomechanics of blood & vessels	
Biomechanics of cervical & lumbar spine	Term paper assigned
Biomechanics of peripheral nerves	HW-3 assigned
Biomechanics of knee & hip	
Biomechanics of knee & hip	HW-3 due
Misc. joints	
Cell mechanics	
Cell mechanics	
Cell mechanics	
Tissue mechanics	HW-4 assigned
Tissue mechanics	
Tissue mechanics	Term papers due
Student presentations (3)	HW-4 due
Student presentations (3)	
Student presentations (3)	
Review Class	
Review Class	Final exam assigned
Final Exam Due	
	Introduction & Overview of biomechanics Basic terminology & concepts Basic terminology & concepts Basic terminology & concepts Introduction to rheology Biomechanics of bone Biomechanics of articular cartilage Biomechanics of articular cartilage Biomechanics of tendons & ligaments Biomechanics of tendons & ligaments Biomechanics of blood & vessels Biomechanics of blood & vessels Biomechanics of peripheral nerves Biomechanics of knee & hip Biomechanics of knee & hip Biomechanics Cell mechanics Cell mechanics Tissue mechanics Tissue mechanics Tissue mechanics Student presentations (3) Student presentations (3) Review Class Review Class Review Class